

Fit for the Future: an opportunity for tech enabled homes, communities & health

Jacqueline Myers, Chief Strategy Officer

NHS North East and North Cumbria

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‘The NHS budget is not being spent where it should be — too great a share is being spent in hospitals, too little in the community, and productivity is too low’

Independent investigation of the NHS in England - Lord Darzi- summary in a letter to the Secretary of state for Health – September 2024





UK Government

NHS

FIT FOR THE FUTURE

10 Year Health Plan
for England

CP 1350

July 2025

North East
North Cumbria
Health & Care
Partnership



Better health & wellbeing for all

A plan to improve health and care
in the North East and North Cumbria





**3 Key
Shifts**

Hospital to Community

Treatment to Prevention

Analogue to Digital

Some key Commitments within the plan

- New **neighbourhood health services** backed by new multi-provider contracts – including voluntary sector groups
- **Care plans** in place for people with long term conditions
- **NHS app** to put all health plans and records as well as scheduling in patients' hands
- More use of **personal health budgets**
- New community frailty and end of life care including use of **wearable and home based monitoring tech**

6 core components of an effective neighbourhood service



Population health management

- A person-level, longitudinal, linked **dataset of all health and social care data**, underpinned by **appropriate data sharing** and processing agreements, expanding to wider public services over time
- A single system-wide PHM segmentation and risk stratification method, e.g. via Federated Data Platform



Modern general practice

- ICBs should continue to support general practice with the delivery of the **modern general practice model**
- This model should streamline care, improve access and continuity, and provision of more proactive care



Standardising community health services

- Utilisation of the **Standardising community health services publication** to maximise use of funding for local needs and priorities, including commissioning of community health services
- Connect mental and physical health services to ensure complete provision, and link with the VCFSE sector



Neighbourhood multidisciplinary teams (MDTs)

- **Multidisciplinary coordination of care** for population cohorts with complex health and care or social needs who require support from multiple services and organisations
- A **core team** assigned for **complex case management**, with links to an extended specialist team
- A **care coordinator** assigned to every person or their carer in the cohort as a clear point of contact



Integrated intermediate care

- Short-term rehab, reablement and recovery services delivered under a **therapy-led approach**
- **Home First approach** to delivery of assessment and interventions, underpinned by step-up referrals and step-down planning directly between community and acute services



Urgent neighbourhood services

- **Standardise and scale** services such as urgent community response and hospital at home, ensuring alignment with local demand, and with front-door acute services such as Urgent Treatment Centres
- Involve senior clinical decision makers as part of a **“call before convey”** approach in ambulance services, and enable healthcare staff and care home workers to access clinical advice without needing to call 999





Better homes and healthier lives

Our five year plan 2024 – 2029



More warm and dry homes

Our challenge: To reduce the (approximately) 33,500+ homes which are damp and cold



Supporting older people to live independently

Our challenge: Ensure suitable homes for a growing and aging population living with multiple long term conditions



Better homes with support for people with complex needs

Our challenge: To provide more accessible, adaptable and affordable homes

We will:

- ✓ Share good practice
- ✓ Create new referral routes
- ✓ Make better use of data to target our work
- ✓ Attract investment to fund heating and insulation improvement

- ✓ Maximise access to home adaptations
- ✓ Agree design standards for 'care ready' homes
- ✓ Promote dementia friendly housing approaches
- ✓ Build more Extra Care homes for older people

- ✓ Develop an integrated strategy for complex care
- ✓ Agree design standards for new homes
- ✓ Promote different housing options, including ownership
- ✓ Build more suitable homes for people with complex needs

In 5 years:



Fewer homes that are cold and damp



Fewer homes with other hazards



Better use of resources



More older people living at home



Better quality homes that support people to age well



10% fewer people in residential care or hospital



2,625 units of extra care



More of the right type of housing



Fewer people in hospital



Better access to the right homes



1,750 extra suitable homes

Collaboration

Working together across health, local authorities, housing and VCSE sector

Technology

Making the best use of technology to support independence

Data

Using insights to target our work and develop data sharing

Framework and standards

Jointly developed across the region to achieve fewer category 1 homes

Resources

Joining up resources, working at scale across sectors and supporting our workforce

Be the best at getting better

Sharing and scaling-up best practice

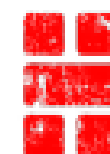
Housing, health and care programme



The voice of technology
enabled care



North East and
North Cumbria



**NORTHERN
HOUSING
CONSORTIUM**
VOICE OF THE NORTH

Housing, Health and Care Memorandum of Understanding (2025–2029)

A commitment to improving lives through better homes, health,
and care in the North East and North Cumbria.

The Virtual Home

a tool for promoting technology aided care in the home

