



ABILIA

Better utilisation of simple solutions to
manage everyday life

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Tailoring support to a range of needs

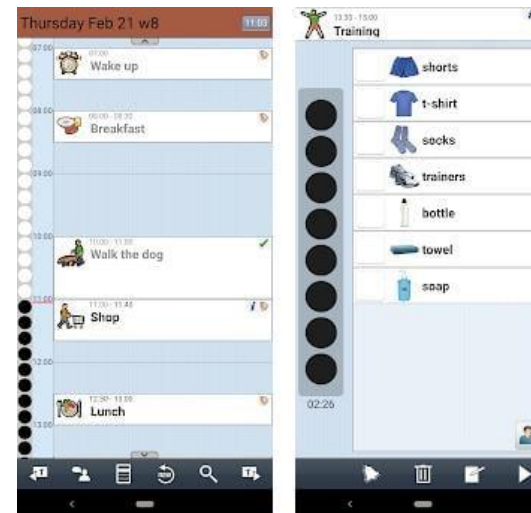
Supporting people in the following areas ;

- Learning Disability
- Autism
- Employability
- Mental Health
- Transitions/PFAL
- Education
- Stroke & Brain Injury Rehab
- Dementia



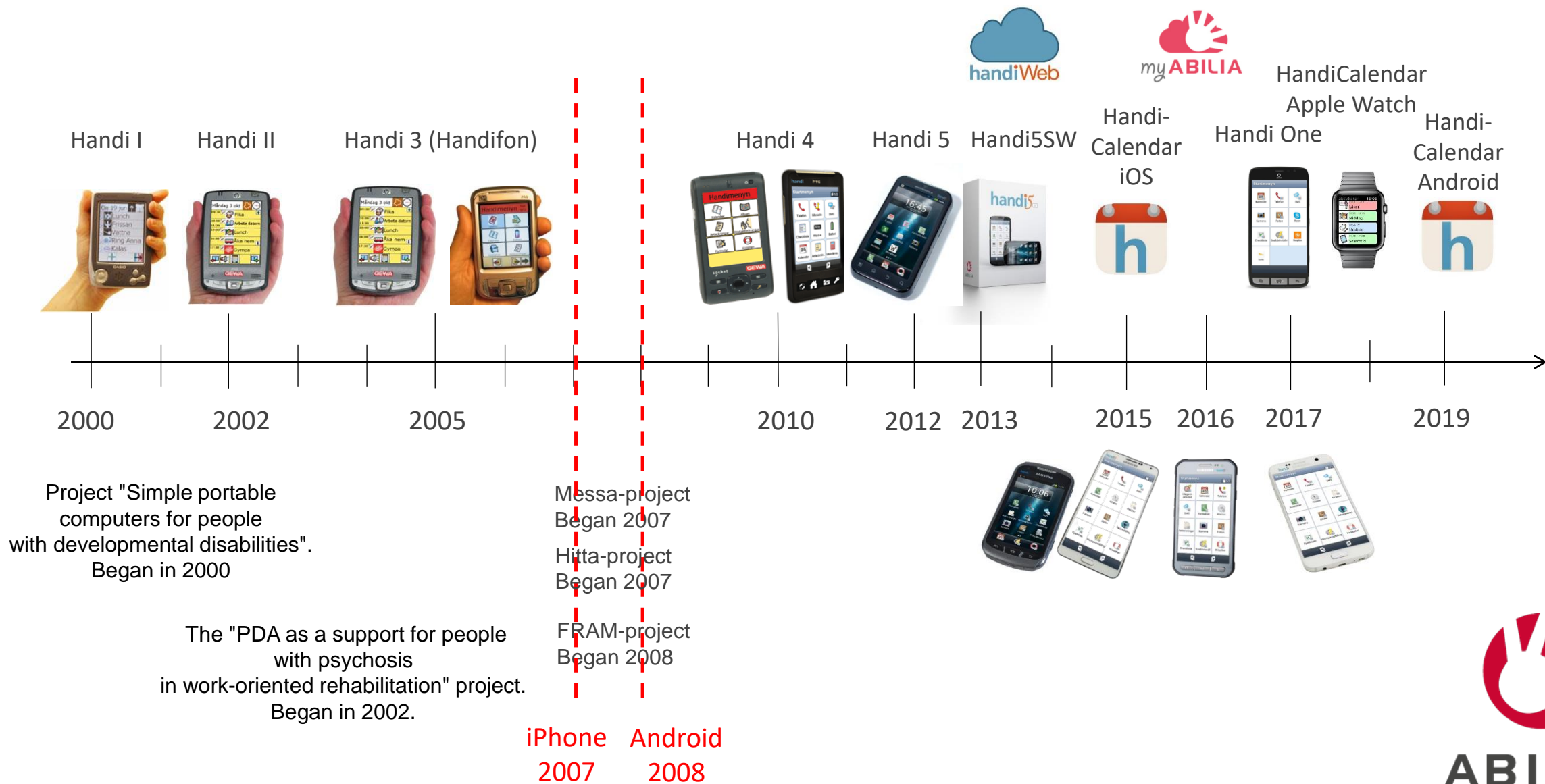
By using myAbilia and assistive technology, we can help people:

- Build positive routines
- Increase communication
- Reduce anxiety
- Build independence and life skills
- Manage social isolation



ABILIA

20 years of Handi development



Personalised solutions delivering outcomes

Alternative Futures Group have piloted Memoplanner in their Learning Disability (LD) division with some great outcomes being achieved around independence and personal hygiene.

“MH loves her memo planner! We’ve only started small as didn’t want to over load her with too much as she would then loose interest however – Every morning now at 08:30 she has my voice saying good morning – don’t forget to clean your teeth – she’s actually doing it now – staff struggled before to get her to do her teeth even with prompts – She’s even bought a new electric tooth brush!!!!” **JV, Team Leader**

“When we introduced the Memo Planner to Ms SN she was intrigued by it and what it does. We initially decided to focus on one area that we felt would be something Ms SN could easily focus on, Medication. So, we set an alarm with Ms SN on the Memo Planner for the times that Ms SN takes her medication. This was to prompt her that it was time to go and take her meds. Ms SN understood this easily, she was able to turn off the alarm herself, but did need prompting to go and get the Memo Planner as she would often wait for staff to ask her or go and get it for her.

When this did not appear to hold her attention, we decided to introduce something else using pictures to try and make it more interesting for her. So, we started to build albums of favourite foods, favourite places or things she likes to do. Using the foods album, we were able to show Ms SN options of meals so that she could plan what she was having for her lunch or evening meal. This was to try and relieve some of Ms SN’s anxiety so that she can visually see what’s for lunch.” **JL Team Leader**



Abilia Support

- Free trial of HandiCalendar on iOS or Android
- Help available on Abilia's website (www.abilia.uk) including full manuals, a picture manual to help with initial set up and How To videos on our YouTube account (https://www.youtube.com/channel/UC_ZsnN_GjZzF54PpEaZf-XA/videos)
- Initial training, train the trainer, follow up sessions, online training and surgeries to share knowledge
- Office based support team 9-4 Mon-Fri
- Email/telephone/physical support from Account Manager.

