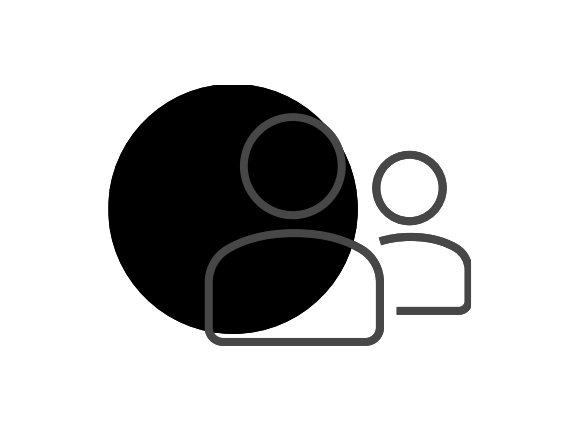


The background is dark grey with several colorful, rounded rectangular bars of varying lengths and colors (yellow, grey, green, blue, white, purple, cyan, magenta, orange, teal) scattered across the page, some overlapping each other.

Activity is the
Best Medicine



“People at the heart of care”



“Focusing on prevention and health promotion to support people to live healthier lives for longer”

- Due to the COVID pandemic levels of physical activity have fallen amongst all of us.
- Decrease in strength and balance for over 65s
- Increase in falls expected
 - 250,000 additional falls
 - £210 million extra cost to Health & Social Care



Ways to Keep active

A National Bus Pass was introduced for people aged 60 years and older in England in 2006

Study

Having a free pass was significantly associated with greater active travel among both disadvantaged and advantaged groups and greater likelihood of walking more frequently in the whole

Conclusions.

Public subsidies enabling free bus travel for older persons may offer significant population health benefits through increased incidental physical activity



Why Oysta mobile technology



Works anywhere

Why are we limiting people with devices that only work in the home?
It is encouraging people to go out of the house

Improve confidence

To know that help is there at the touch of a button or triggered by an event
To know that you can be helped even without pressing a button

Fast response

To know that you will be found anywhere you are, quickly

Case Study

Scenario

Mrs A, 70+, lives with her husband who likes to play golf. She has early stages of dementia and lower limb ulceration.

TEC solution

Pearl+

Outome

Increased carer wellbeing

Enabled Mrs A to continue to go out walking in the village

Reduced falls risk



Connect to Any ARC platform

- Tunstall PNC (6.3 or later)
- Enovation UMO
- Jontek
- Sentinel
- MAsTerMind™
- Monitor Genesys
- Carenet
- SCAIP



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